

Virtual Group Programming: One institution's best practices

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SFUSD
SAN FRANCISCO
PUBLIC SCHOOLS

Marie Wattis School SFUSD PS 864

UCSF Benioff Children's Hospital,
San Francisco

Child Life Services



How have programming and services changed because of COVID-19?

Classroom



How have programming and services changed because of COVID-19?

Bedside



How have programming and services changed because of COVID-19?

Volunteers & Special Visitors



How have programming and services changed because of COVID-19?

Kaleidoscope Studio & Creative Arts



New Virtual Group Programs in Child Life

Variety Show Jr.
Music Jeopardy
Virtual Teen Hour
Art Group
Uke-mommies & daddies
Virtual Slime Time
Bingo
SF Symphony
Quiz Show
Parent Round Table
Music & Story Time



To visit Kaleidoscope-Child Life TV:

- Select Entertainment
- Select UCSF TV
- Select Child Life TV

Para visitar Televisión de vida Infantil:

- Seleccionar Entertainment
- Seleccionar UCSF TV
- Seleccionar Child Life TV

8 am -
Wellness for Families

11 am
Variety Show Jr.

2:30 pm -
Variety Show -
Musical Jeopardy

6 pm -
Wellness for Families

7 pm -
Disney's Happily Ever After
Fireworks

Call in to play along during LIVE shows!
Número a llamar para programa en vivo
#22038

To subscribe to the Creative Arts
Newsletter, scan the QR code or visit:
<http://eepurl.com/db6ku5>



Parent Roundtable

- Center for Families
- Support for Families



The Center for Families

a resource room for parents

PARENT SUPPORT PROGRAM:

PARENT ROUND TABLE

Thursdays, 1:30pm to 2:30pm

6TH FLOOR, ROOM C6421, or VIA ZOOM

THIS WEEK'S TOPIC:

SCHOOL RESOURCES INSIDE AND OUTSIDE THE HOSPITAL



Join Child Life Teacher, Gina Ditto, and bilingual (Spanish speaking) Support for Families representative, Myrna Kelly, for parent-to-parent conversation and support.

Join in-person in the Center for Families or via Zoom at <https://zoom.us> Meeting ID: 838 1570 3918 Passcode:

Group Logistics

- ▶ Pre group coordination
- ▶ Recruiting
- ▶ Zoom setup and access
- ▶ Distribution contact info.



Group Structure

- ▶ Facilitator introductions
- ▶ Parent Introductions
 - ▶ Share who is in the hospital and diagnosis
 - ▶ Effects on school
- ▶ Topic Discussion
 - ▶ Facilitator share overview of school resources
 - ▶ Discussion of individual needs
- ▶ Closing stretch and breathing



School Topics

- ▶ Hospital School
- ▶ Outside resources
 - ▶ IEPs, 504 Plan, Home and hospital instruction



School Topics Cont.

Distance Learning while at the Hospital/Clinic

- ▶ • Preferences for Zooming (Camera on/off, Virtual background)
- ▶ • Empowering pt.'s and families to put a "School Time" sign on their door
- ▶ • Muting zoom when medical staff enters
- ▶ • Ask medical staff to come back after school
- ▶ • Asking medical staff to delay medical talk until zoom is muted



Considerations for Your Child Returning Back to School

Have you thought about your child's transition back to school?

Your child might be:

- Returning with differences (i.e. physical, cognitive changes, etc.)
- Performing below grade level, have declining grades and avoiding school
- Withdrawn from family, friends and activities
- Displaying attention-seeking behaviors (i.e. acting out or pretending to feel sick)
- Displaying emotional changes



What support do you think your child will need at school?

- Educational support services like a 504 Plan or Individualized Education Plan (IEP). These are documents created with your child's school team that provide necessary educational accommodations and modifications for your child at school
- Consider a modified/shortened school day
- Future absences (i.e. doctor's appointments and treatments)

Do you and your child feel ready to return to school?

Things to be thinking about:

- Clarify misunderstandings of rumors with school staff or classmates (i.e. why your child has missed school)
- Diagnosis and treatment education for school staff and classmates
- Peer interactions (i.e. preparing to re-enter social groups; language to describe diagnosis)

For questions and assistance, please contact your child's **Child Life Teacher** or **Child Life Specialist**

Benefits of parent roundtable

- ▶ Dedicated time to talk about school needs
- ▶ Continue group
- ▶ Parent to parent support
- ▶ Professional benefits



Music & Story Time



 
Berioff Children's Hospital
San Francisco

**Music & Story Time
with Jenny and Erin!**

Wednesdays
1pm

Zoom ID:
928 2521 2101

Password:
[REDACTED]

Group Logistics

- ▶ Pre group coordination
- ▶ Recruiting
- ▶ Zoom setup and access



Group Structure

- ▶ Welcome song
- ▶ Requests
- ▶ Few songs
- ▶ Sharing time
- ▶ Story time
- ▶ Last minute requests
- ▶ Goodbye song



Video

Benefits of Music and Story Time Group

- ▶ Continue group
- ▶ Incorporate siblings
- ▶ The benefit for isolated populations
- ▶ Professional Benefits



Considerations for creating your own group



Are you working remotely or in person?



Is there an identified need?



Who will you collaborate with?




How will you spread the word about the group?

KALEIDOSCOPE • The Child Life Channel

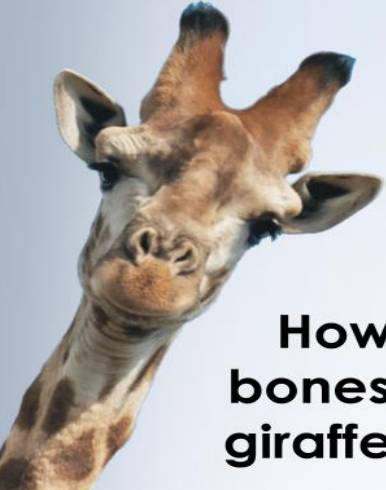
TODAY AT 2:30

QUIZ SHOW!
trivia and games

What were Mickey's first words?



How many bones are in a giraffe's neck?



What supplies will the patient need?



Questions?

CONTACT INFORMATION

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References

- ▶ Mitigating the Impacts of the COVID-19 Pandemic Response on At-Risk Children; C.A. Wong, D. Ming, G. Maslow and E.J. Gifford, Pediatrics July 2020, 146 (1) e20200973; DOI: <https://doi.org/10.1542/peds.2020-0973>
- ▶ The perceived effects of parent-led support groups for parents of children with disabilities; M. Law, S. King, D. Stewart, G. King, Phys Occup Ther Pediatr. 2001;21(2-3):29-48. T
- ▶ The benefits of mutual support groups for parents of children with disabilities; M Solomon 1, N. Pistrang, C. Barker; American Journal Community Psychology, 2001 Feb;29(1):113-32.