

# **GOAL - PLAN - DO - REVIEW**

A worksheet to help students achieve their identified goals

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## GOAL

meaningful,  
challenging,  
feasible

- Write down the goal you'd like to achieve
- This is why it's important to me:
- Visualize achieving it. Draw it if you'd like

## PLAN

steps, resources,  
obstacles and  
solutions

- Steps I'll take:
- What might get in the way?
- If.....then....

## DO

when, where,  
how  
and with whom

- When will I do it?
- Where will I do it?
- How will I get there?
- With whom will I share what I achieved?

## REVIEW

how did it go?

- Did I achieve it?
- What got in the way? How did I respond?
- What did I learn?

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